

2011 Major New York State Bicycling Events Calendar

NYS Canal System / Erie Canalway National Heritage Corridor

As a public service, **Cyclotour Guide Books** and the **New York Bicycling Coalition** are providing you with this Calendar of the 99 Major New York State Bicycling Events in and around the Erie Canalway National Heritage Corridor.

Information supplied by Cyclotour Guide Books (www.cyclotour.com), and the New York Bicycling Coalition (www.nybc.net); for the most up to date bicycling events information go to www.cyclotour.com/events.htm

JUNE

Jun 10-12, Fri-Sun, Great Finger Lakes Bicycle Tour, Southern Tier Bicycle Club, PO Box 601, Binghamton NY 13902, 607 722-6005, www.southerntierbicycleclub.org, amueller1@stny.rr.com. Dist: 21/100 mi & other options. Reg: \$75.00 + \$3.00 club membership fee; pre-reg by 5/11/11; 250 riders only; no pledges; show ups ok, must pay \$10.00 late fee after 5/11 deadline. Start: 2:00 PM, Hidden Valley Group Camp, Watkins Glen St. Pk., Watkins Glen NY. Notes: 3 days of touring in the scenic southern Finger Lakes, NYS; includes cpgd, 4 catered meals, maps, sag wagon, repair service & entertainment; cabin bunk, \$5/\$10.00 extra; off-road options each day; STBC jerseys, \$40.00 extra; t-shirts, \$15.00 extra.

Jun 12, Sun, Tour de Cure: Rochester, American Diabetes Assn, 160 Allens Creek Rd, Rochester NY 14618, 585 458-3040, www.diabetes.org/rochestertour, kligozio@diabetes.org. Dist: 15/25/40/62.5/100 mi. Reg: \$15.00 + plus 150.00 min fund raising; pre-reg preferred; show ups, O. K. Start: Mendon Ponds Park, Honoeye Falls NY. Notes: reg fee includes SAG, t-shirt, med support.

Jun 12, Sun, Tour de Cure: Saratoga Springs, American Diabetes Assn, 1 Blue Streak Blvd, Saratoga Springs NY 12866, 888 342-2383, dnicastro@diabetes.org, www.diabetes.org/saratogaspringstourdecure. Dist: 10/25/50/62.5/100 mi. Reg: \$25.00 + \$150.00 in pledges; cyclists must meet fund-raising minimum in addition to the reg. fee to participate; reg fee is non-refundable & is not counted towards the fund-raising goal; show ups, O. K. Start: 6:30 AM-9:15 AM based on distance all at Saratoga Springs High School. Notes: new routes, maps on line, the beautiful scenery & history of Saratoga Springs & surrounding areas; coffee, bagels, juice, rest stops; medical & mechanical support; lunch, massage, music, & more.

Jun 14, 21, 28, Jul 12, 19, Tue, Fat Tire Series MTB Races, Park Ave Bike Shop, 2900 Monroe Ave, Rochester NY 14618, 585 381-3080, www.parkavebike.com, info@parkavebike.com, Dist: 2.5 mi loop. Reg: 5:30-6:15 PM; \$15.00, adults; \$5.00, Juniors; no NORBA lic required; waiver; under 15 yrs old waiver must be signed by guardian; entry form & waiver on web site. Start: 6:30, YMCA Camp Arrowhead, 20 Arrowhead Rd, Ptttsford NY. Notes: many different rider categories; helmets required; lights may be necessary.

Jun 18, Sat, b.i.k.e - Syracuse Tour De'Cuse: Swinburne Memorial Ride, b.i.k.e Syracuse, PO Box 15192, Syracuse NY 13215, 315 428-2453, www.bikesyracuse.org, bikesyracuse@aol.com. Dist: 5/20/40 mi loop & 1/4 mi. youth track. Reg: \$25.00, 18 & older riders; free, 17 & younger; + \$50.00 in pledges; on line reg form; show ups/bike ups, O. K. Start: 7:00 AM, reg; 9:00 AM, event start, Burnet Pk, Syracuse NY. Notes: bikes must be in good working condition; certified helmet must be worn; t-shirt to reg cyclists; food available for purchase.

Jun 18, Sat, Tri-City Rotterdam BMX: NYS BMX Series, Empire BMX, 536 Little York Rd, Cobleskill NY 12043, www.nybmx.org, rah889195@yahoo.com. Dist: by cat. Reg: \$20.00, for all qualifier events; pre reg preferred; form on line, see rules; National BMX League lic necessary & available; show ups, O. K. Start: 9:00-11:00 AM, Rotterdam NY, 12:00 PM, 1st gate drop; check event web site; rain date, Sunday. Notes: qualifer #s 5 & 6.

Jun 18, 25, Jul 13, Sat, Ontario Brevets, Distance Rider & Onondaga Cycling Club, 5137 Glass Factory Rd, Munnsville NY 13409, www.distancerider.net, pdusel@sprintmail.com. Dist: 200-600 km, depending upon date of

Brevet. Reg: see web site for reg fees; on line reg form; no pledges; show ups O. K. but email brevet organizer. Start: see web site for times, all from Ontario NY. Notes: Brevets are a time-limited long distance ride; They are not races but rather are a riders' individual challenge to themselves. All rules of the road for the local area must be adhered to during the course of the brevet. Please be familiar with the rules. Some of the rules will be covered at the beginning of the rides, however riders are responsible for their own safety and should know the rules. Cue sheet, accommodations lists; riders are responsible for their own lodging & food.

Jun 19, Sun, LDA Cycle Classic Road Race & Tour, LDA Life and Learning Services, 339 East Ave, Ste 420, Rochester NY 14604, 585 263-3323, info@ldarochester.org, www.ldarochester.org/cycletour.php. Dist: 22/36 mi. Reg: \$45.00 adult/\$30.00 17 & under; \$40.00/\$25.00 by 6/18/11; no pledges; show ups, come ride with us. Start: 8:30 AM Hunt Hollow Ski Club, 7532 County Road 36, Naples NY. Notes: 8:00 AM, reg; 9:15, pre-race announcements; 9:30 AM, race begins; 9:35 AM, tour begins.

Jun 25, Sat, RARE Recumbent Rally: "The R2K11.12," Rochester Area Recumbent Enthusiasts, Rochester NY 585 461-5084, www.home.roadrunner.com/~rare/r2k_11_12.html, r2korganizers@rochester.rr.com, Dist: 30/80/100 mi. Reg: no fee for biking event; auto entrance fee to St Pk; per night group camping fee at Hamlin Beach St. Pk. (30 group campers max, if max is reached camping is available at regular camp sites); campers must pre-reg for R2K by 6/1/11 to be assured of a group campsite (Fri or Sat night) at this beautiful St Pk on Lake Ontario; you must contact r2korganizers by email to register for a group campground site; contact the park for a regular campground site. Show ups, come and join us; but if you plan to camp, you must pre-reg. Start: 8:00 AM, main parking lot at Hamlin Beach St Pk, Hamlin NY, on Lake Ontario; 30 mi remote start 10:00 AM, Charlotte Beach parking lot, Lake Ave at Lake Ontario, Rochester NY. Notes: Ride takes place entirely on Saturday, 6/25/11 & is ~80 mi from Hamlin Beach St Pk to Rochester NY & return (with a century option); it includes flat low trafficked country roads followed by forested bike path to downtown Rochester's High Falls; lunch at cyclist's expense; other events may be scheduled during this "RARE" weekend. Additional campsites are available by telephoning Hamlin Beach St. Pk. directly at 585 964-2462.

Jun 25, Sat, The Ride for Roswell, Roswell Park Alliance Foundation, Elm & Carlton Sts, Buffalo NY 14263, 716 843-7433, www.rideforroswell.org, rideforroswell@roswellpark.org, RideForRoswell@roswellpark.org. Dist: 3/8/20/30/44/62.5 mi. + peloton & virtual riders. Reg: tba.

Jun 25, Sat, Adirondack 540 Preview, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: 136 mi./218 km.; very hilly; 12 hr time limit. Reg: no fee; reg online; no pledges; show up & ride! Start: Wilmington NY. Notes: one lap, 136 mi, of the Adirondack 540 course.

Jun 25, Sat, Strides 4 Stride Wheelchair Roll, Stride Adaptive Sports, PO Box 778, Rensselaer NY 12144, 518 598-1279, www.stride.org, info@stride.org. Dist: 3.1 mi/2.5 km. Reg: \$25.00/20.00, adults/under 17 yrs old; \$20.00/15.00 pre-reg by 6/20/11. Start: 9:00 AM, rain or shine, Corning Preserve, Albany NY. Notes: primary mission of Stride is to provide a wide-variety of sports & recreation opportunities for individuals with all types of disabilities.

Jun 25-26, Sat-Sun, Raccoon Rally MtB Cycling Festival Weekend, Heart Rate Up!, PO Box 168, Buffalo NY 14240, 716 574-0888, www.heartrateup.com, heartrateupinfo@yahoo.com. Dist: Several events over two-days. Reg: fee, by event; no pledges; show ups ok. Start: 9:30-10:00 AM depending on events, Camp Allegany, Allegany St Pk, & Holiday Valley Mountain Sports Ctr, Ellicottville NY. Notes: The largest cycling festival event weekend in our region open to all skill levels including road race, xc, stxc, downhill & trials, children, tween, teen & junior's events. Jun 25-26, Sat-Sun, Raccoon Rally MtB Cycling Festival Weekend, Heart Rate Up!, PO Box 168, Buffalo NY 14240, 716 574-0888, www.heartrateup.com, heartrateupinfo@yahoo.com. Dist: Several events over two-days. Reg: fee, by event; no pledges; show ups ok. Start: 9:30-10:00 AM depending on events, Camp Allegany, Allegany St Pk, & Holiday Valley Mountain Sports Ctr, Ellicottville NY. Notes: The largest cycling festival event weekend in our region open to all skill levels including road race, xc, stxc, downhill & trials, children, tween, teen & junior's events.

Jun 26, Sun, Owasco Flyer Citizen Race, Auburn YMCA, 3637 Center St Rd, Auburn NY 13021, 315 252-7611, www.owascoflyer.com, jackkirch@juno.com. Dist: 36 mi. Reg: \$40.00, day of race; \$30.00, 6/25/11; no pledges, show ups/bike ups, OK. Start: reg, 8:00 AM; mass race start, 10:00 AM, Seawall Shelter, Emerson Pk, north end of Owasco Lake, Auburn NY. Notes: \$1,000.00, in cash prizes split among elite racers & age group cyclists + medals; Challenging and scenic course around Owasco Lake one of the beautiful NYS Finger Lakes; 1st 200 to

enter receive t-shirt; post race refreshments for all participants; free parking at Auburn HS; \$2.00 parking at Emerson Pk.

Jun 26-29, Sun-Wed, Finger Lakes Wine Country, WomanTours, 2340 Elmwood Ave, Rochester NY 14618, 585 256-9807, www.womantours.com, info@womantours.com. Dist: 25-50 mi per day. Reg: \$1150.00, includes lodging, breakfasts, lunches, dinners, snacks, entrance fees; \$175.00 extra, for bike rental; single upgrade, \$330.00. Start: Geneva NY. Notes: cue sheets, maps, van support, & trained guides.

Jun 26-Jul 1; Aug 7-12; Aug 14-19, Sun-Fri, The Historic Erie Canal, Classic Adventures, PO Box 143, Hamlin NY 14464, 585 964-8488, www.classicadventures.com. Dist: 25-45 mi per day. Reg: \$1,789.00 per person includes transfers, lodging, breakfasts & dinners; Finger Lakes wine social; single person supplement, \$500. Start: Rochester/Pittsford NY. Notes: non-regimented "cycle at your own pace itinerary; complimentary Trek bicycle; fully equipped for touring; country inn/hotel lodging; wineries.

Jun 28, 29, 30, Tue-Thu, Asphalt Paving Principles, Cornell Local Roads Program, 416 Riley-Robb Hall, Ithaca NY 14853, 607 244-8033, www.clrp.cornell.edu, clrp@cornell.edu. Reg: fee tba. on line reg form; preference is given to local highway & public works employees; reg fee includes coffee, refreshments, lunch & course materials. Start: 6 locations: Oswego County; 6/28/11, Chautauqua County; 6/29/11, Genesee County; 6/30/11, Yates County; 5/24/11, Delaware County; 5/26/11, Montgomery County; 5/26/11, see web site for specific location details on the reg form. Notes: qualifies for "RoadMaster Recognition Program" Sponsors: Federal Highway Administration, NYS Department of Transportation, Cornell University.

JULY

Jul 3-8; Aug 7-12, Sun-Fri, Cayuga & Seneca Lakes Wine Trail, Classic Adventures, PO Box 143, Hamlin NY 14464, 585 964-8488, www.classicadventures.com. Dist: 25-45 mi per day. Reg: \$1,989.00 per person includes transfers, lodging, breakfasts & dinners; single supplement, \$500.00. Start: Rochester NY. Notes: rolling to flat terrain.

Jul 9, Sat, Bike the Bluff, St Michael's School, 214 Keuka St, Penn Yan NY 14527, 315 536-6112, www.stmichaelschoolpy.com, bikethebluff@rochester.rr.com. Dist: 5/12/18 mi. Reg: on line, \$25.00+, individ/\$50.00+, family, pre reg by 6/5/11 for \$5.00 disc. Start: 9:00 AM, Keuka Coll. Fields, Assembly Ave, Keuka Park NY. Notes: flat family ride; breathtaking views and hills to climb other dist.

Jul 10-15; Aug 14-19, Sun-Fri, Finger Lakes-Keuka Lake Wine Trail, Classic Adventures, PO Box 143, Hamlin NY 14464, 585 964-8488, www.classicadventures.com. Dist: 25-45 mi per day. Reg: \$1,889.00 per person includes transfers, lodging, breakfasts & dinners; single supplement, \$500.00. Start: Rochester/Branchport NY. Notes: rolling to flat terrain.

Jul 9-10, Sat-Sun, Saratoga 12/24, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: as many mi./km. you can ride in 12 or 24 hrs. Reg: \$30.-90.00, depending upon event; reg online; no pledges; show up & ride! Start: Schuylerville NY. Notes: Four races in 1 weekend: 96 mile challenge, daytime 12 hour race, nighttime 12 hour race & the UMCA National 24-hour Championship Race; all events are non drafting; held on a 32 mi fully marked loop; lights required for night, dawn, & dusk cycling.

Jul 10-14, Sun-Thu, Lake Champlain Bikeways Summer Tour, New England Adventure, Saratoga Springs NY 12866, 518 584-3102, www.newenglandadventure.com, tmcbike@aol.com. Reg: \$1150.00, includes lodging; meals. Start: Burlington VT. Notes: sag support, luggage transport, stocked rest stops, maps & cue sheets.

Jul 10-20, Sun-Wed, Classic Central New York, Classic Adventures, PO Box 143, Hamlin NY 14464, 585 964-8488, www.classicadventures.com. Dist: 25-45 mi per day. Reg: \$3,529.00 per person includes transfers, lodging, breakfasts & dinners. Start: Rochester/Pittsford NY. Notes: complimentary Trek bicycle; fully equipped for touring; rolling to hilly; historic sites.

Jul 10-17, Sun-Sun, Cycling the Erie Canal, Parks & Trails New York, 29 Elk St, Albany NY 12207, 518 434-1583, www.ptny.org, eriecanaltour@ptny.org. Dist: 400 mi. Reg: fee, tba; camping tour; no show ups. Start: Albany NY. Notes: 8 day camping tour partially along the historic Erie Canal.

Jul 16, Sat, Van Bortel Fattire Festival, Genesee Regional Off-Road Cyclists, PO Box 25674, Rochester NY 14625, www.mygroc.com, info@mygroc.com. Dist: 3/5/10 mi. Reg: fee, tba; show ups/bike ups, O. K. Start: 9:00 AM, Dryer Road Pk, Victor NY.

Jul 16, Sat, Ride for the Rescue, Rescue Mission of Syracuse NY, Dept PBT607 PO Box 11122, Syracuse NY 13218, 315 701-3891, www.ridefortherescue.org, info@rmsyr.org. Dist: 2/10/20/40/62 mi. Reg: \$25.00, day of event; \$15.00, by 7/11/11 + \$100.00 min. pledges; on line reg; show ups/bike ups are just fine & will enjoy the ride; virtual riders! are possible on the Ride for the Rescue, see the web site. Start: staggered starts from 7:30 AM for metric century; 6:00 AM, day of event reg; all starts & finishes at Syracuse Inner Harbor, near Van Rensselaer & W Kirkpatrick Sts, Syracuse NY. Notes: 62 & 40 mi rides have challenging vertical elevations; 20 mi is basically flat; 10 mi ride is thru downtown Syracuse w/police support; 2 mi fun ride w/activity stops along the way; sag support; stocked rest stops.

Jul 16, Sat, Bike MS: Follow the Foothills, National MS Society NYR Chapter, 1650 South Ave Ste 100, Rochester NY 14620, 800 344-4867, www.msupstateny.org, chapter@msupstateny.org. Dist: 100/62/32/10 mi. Reg: \$25.00 + \$250.00 min. fundraising pledges. Start: 7:00 AM, West Mountain Ski Resort, 59 West Mountain Rd, Glens Falls NY. Notes: one day bike ride; cycle along the beautiful foothills of the Adirondacks while you enjoy a fully supported, fun and inspirational experience; catered dinner & awards ceremony; free camping at West Mt. Resort; motels and hotels nearby.

Jul 17-20, Sun-Wed, Bike Tour of the Finger Lakes: Seneca & Keuka Lakes, Go 'n Groove Spinning Divas, 13761 SW 84 Ct, Palmetto Bay FL 33158, 305 338-8058, www.goandgroove.com, kansleo@goandgroove.com. Dist: 98 mi. Reg: fee, tba; all inclusive tour; lodging at small inns; not a charity ride or race; no pledges; no show ups.

Jul 23, Sat, Tour De Keuka, Tour De Keuka /JDRF, 29 Algonquin Dr, Horseheads NY 14845, 607 765-8783, www.tourdekeuka.com, tourdekeuka@gmail.com, Dist: 100/50/12 mi. Reg: \$50.00 + optional fundraising; reg begins at 6:45 AM; show ups, come ride with us. Start: staggered. 7:30 AM-10:30 AM based on distance, Hammondsport Fire Dept, 8521 State Route 54, Hammondsport NY. Notes: helmets; road route signs; complimentary beverages, fruit & snacks; sag & sweep support.

Jul 23-24, Sat-Sun, The Hardcore 24, Park Ave Bike Shop, 2900 Monroe Ave, Rochester NY 14618, 585 381-3080, www.parkavebike.com, swarty@rochester.rr.com. Dist: 8 mile laps for 24 hours. Hey, this is a 24 hr endurance X-C race. Reg: on line form w/fees; fees vary with age/gender, individual, team, corporate team categories & pre-reg. date; download form or on line reg; no pledges; show ups, ok. Start: Sat, 12:00 noon, Ontario County Pk, Rt 64, Naples NY. Notes: NYS's only 24 hr. Mtb race; limited number of campsites available at Ontario County Pk, for camping reservations call 585-374-6250 or email dpw@co.ontario.ny.us. Onanda Pk has an unbelievably awesome view over Canandaigua Lake & trail head for the Bristol Branch, Finger Lakes Trail (no bikes permitted on this trail).

Jul 24-30, Sun-Sat, The Great Big FANY Ride, The Great Big FANY Ride, PO Box 237, Singerlands NY 12159, 518 461-7646, www.fanyride.com, info@FANYride.com. Dist: 500 mi./250 mi sore fany option. Reg: \$275.00, adult; teen & returning alumni riders discount; online reg form; 7/1/11, pre reg deadline; no pledges but voluntary donations accepted; no show ups. Start: Niagara Falls NY, travel east to Saratoga NY. Notes: explores the beauty of NYS's quiet back roads with bicyclists who are serious about having fun; daily route maps; cue sheets; marked roads; sag support; camping included in fee; meals, not included in reg fee.

Jul 24-30, Sun-Sat, Bon Ton Roulet, Cortland & Auburn YMCA, 27-29 William St, Auburn NY 13021, 315 253-5304/607 756-2893, www.bontonroulet.com, dixie@auburnymca.net. Dist: 350 mi. Reg: fee, \$575.00, adults (\$265.00, <18 yrs old); \$525.00 (\$285.00, <18 yrs old) by 6/15/11; on line reg; no show ups; 650 riders max; no pledges. Start: 8:00 AM, Auburn HS, Auburn NY. Notes: week long beautiful tour of NYS's Finger Lakes region. sag support, refreshment stops, cue sheets, & evening entertainment; camp sites at schools, colleges and State campgrounds; campsteling option.

Jul 30, Sat, Tour de Thompson, Thompson Healthcare Rehabilitation Services, 350 Parrish St, Canandaigua NY 14424, 585 396-6050, <http://www.thompsonhealth.org>, dudley.hallstead@thompsonhealth.org. Dist: 62 mi, 6000+ ft climbing /31 mi, 2000 ft climbing/15, 1400 ft climbing mi. Reg: on line reg; \$25.00 by 6/1/11; \$30.00 by 7/15/11; \$35.00, after 7/15/11 & day of event; no pledges; show ups, OK. Start: 7:00 AM, Onanda Park, Lakeside

Pavillion, West Lake Rd, Canandaigua NY. Notes: tour the Bristol Hills in the Finger Lakes; three supported courses; rest stops and SAG vehicle; post ride picnic, hiking, fishing or even a jump in the Lake. elevation graphs on web site.

Jul 30-31, Sat-Sun, Bike MS: Finger Lakes Challenge, National MS Society NYR Chapter, 1650 South Ave Ste 100, Rochester NY 14620, 800 344-4867, www.msupstateny.org, Greg.Buzulencia@nmss.org. Dist: 100/66/50/25 mi. Reg: \$50.00 + \$250.00 min fundraising pledges. Start: Keuka College, 141 Central Ave, Keuka Park NY. Notes: fully supported, rest stops, lunch, dinner, and entertainment. Soak up the views of the rolling hills of the Finger Lakes NY wine country, glistening shores of Keuka and Seneca Lakes and esteemed farms and orchards as you ride to create a world free of MS!

AUGUST

Aug 3, 10, 17, Tue, Farmall Hill Mountain Bike Challenge: Summer Series, RV & E Bike and Skate, 40 N. Main St, Fairport NY 14450, 585 388-1350, www.farmallhillchallenge.com, rvebike@frontiernet.net. Dist: 2 mi. loop. Expert, 7 laps; sport, 5 laps; junior & beginner, 3 laps. Reg: fee, tba; NORBA lic required; no online reg; no pledges. Just show up and ride! Spectators encouraged. Helmets required. Start: 5:30, race reg; 6:00 PM, race start. Notes: race is held on private land; helmets required; media release required, on line.

Aug 5, Fri-Sat, Montreal Double Double, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: 400 mi./643 km; Two double centuries & with a rest day in Montreal. Reg: \$375.00; reg online; no pledges; show ups; limited to 25 riders. Start: Schuylerville NY. lights required; border crossing documents required (passport & other official picture ID); full support; 1st class hotel accommodations.

Aug 14, Sun, Can Am Century, Niagara Frontier Bicycle Club, 1031 Tonawanda Creek Rd, Amherst NY 14228, 716 837-0089, www.canamride.com, info@nfbcc.com. Dist: 35/62/100 mi. Reg: paper reg form only, download & mail in w/ proper fee; \$70.00, ride weekend; \$45.00, after 7/17/11; \$35.00, before 7/17/11; on line form; 300 riders limit; show ups, OK only if space is available. Start: 7:00 AM, 100 mi; 9:00 AM, 62 mi; 35 mi city ride; all from Fontana Boat House (designed by Frank Lloyd Wright,) Corral Dr, Buffalo NY. Notes: 35 mi city ride does not cross the border; proper border documents are necessary (passport plus a photo id or an approved enhanced driver's license; catered rest stops; post-ride picnic.

Aug 13-14, Sat-Sun, 6 Hour MTB Race & Off Road Duathlon, Park Ave Bike Shop, 2900 Monroe Ave, Rochester NY 14618, www.parkavebike.com,

Aug 13, Sat, **Off Road Duathlon**, andy@parkavebike.com. Dist: 2 mi trail run, 8 mi mtb ride, 2 mi trail run. Mtb ride has 850 ft of climbing. Reg: \$40-\$70.00, cat solo or team depenent; on line reg; day of race reg 8-9:00 AM; show ups come and join the fun; download on line form from web site; NORBA lic not required. Start: 12:00 AM-4:00 PM, Harriet Holister Spencer Pk, Canadice Hill Rd, Canadice NY. Notes: shop tech support, on course H2O stations, shade in forest, awesome views; different running & biking courses; no camping at HHSP; for accommodations, contact andy@parkavebike.com.

Aug 14, Sun, **6 Hour MTB Race**, Dist: 7 mi laps/6 hrs; 850 ft of climbing. Reg: \$40-\$90.00, cat solo or team depenent; on line reg; day of race reg 8-9:00 AM; show ups/bike ups come & join the fun; download on line form from web site; NORBA lic not required. Start: 10:00 AM-4:00 PM, Harriet Holister Spencer Pk, Canadice Hill Rd, Canadice NY. Notes: shop tech support, on course H2O stations, shade in forest, awesome views; no camping at HHSP; for accommodations, contact b.braddon@commodoresolutions.com.

Aug 20, Sat, **Single Track Stampede II**, WNYMBA Western NY Mt. Bicycling Assoc, PO Box 1691, Amherst NY 14226, www.wynmba.org, email: see web site, Reg: \$30.00, beginning 6/1/11, check on web site for more info. Start: Sprague Brook Pk. Notes: races & classes.

Aug 20, Sun, Cycle for Life, Cystic Fibrosis Foundation: Rochester Chapt, 6931 Arlington Rd, Bethesda MD 20814, 301 907-2561, www.cff.org, rochester-ny@cff.org. Dist: 30/65 mi. Reg: \$50.00 + \$200.00 min pledges. Start: Geneseo NY. Notes: supported; Cepacia policy.

Aug 20, Sat, Tour de Cure: Finger Lakes Watkins Glen, American Diabetes Assn, 160 Allens Creek Rd, Rochester NY 14618, 888 342-2383, www.diabetes.org/tour, jbottoms@diabetes.org. Dist: 6/16/25/30/62.5/100 mi. Reg: \$25.00 + \$150.00 in pledges; \$15.00, reg fee by 4/1/11; cyclists must meet fund-raising minimum in

addition to the reg. fee to participate; reg fee is non-refundable & is not counted towards the fund-raising goal; show ups, O. K. Start: Clute Mem Pk, Watkins Glen NY. Notes: reg fee includes SAG, t-shirt, med support.

Aug 26-28, Fri-Sun, Flour City Invitational Bike Polo Tournament 3rd Annual, Flour City Hardcourt Polo, Rochester NY www.leagueofbikepolo.com/3rd-annual-flour-city-invitational, flourcity@gmail.com. Dist: polo chukkers; sat, round robin qualifying/seeding for Sun's finals. Reg: on line at league of bike polo AND by email; breakfast provided; lunch specials both day. Start: location, 100% confirmed; 3 courts, 3 all day Saturday; 2 for finals + pick up tourney Sun. Notes: 120'x60' court; see comments about last year's tourney on League web site; super close to bike shop & skate pk, offering full support & nice discounts on everything; Fri night, Critical Mass Ride; Sat, alleycat.

SEPTEMBER

Sep 9-11, Fri-Sat, Highlander Cycle Tour, Highlander Cycle Tour, 75 Misty Pine Rd, Fairport NY 14450, www.highlandercycletour.com, director@highlandercycletour.com, Dist: Fri afternoon, Team Time Trial (25 mi); Fri night, Prologue Time Trial (5 mi) finishing on top of Gannett Hill; Sat, 2x100 mi centuries; 100 km, 35 mi, rolling hills; 40 km MtBT off road. Reg: \$25-80.00, fee dependent upon time of reg & number of events cyclist is participating; online reg; mail in reg; no pledges; show ups, OK, but on-site reg with check or cash only; many rider perks; sag support; swag bag; auction; raffle. Start: Fri, 4:00 PM; Sat, 7:00 AM; Bristol Mt. Ski Resort, Rt 64, South Bristol NY near Canandaigua NY. Notes: challenging courses; 10 major climbs (10,000 ft. w/ 8 climbs of 1-2 mi at grades between 9-22%); 40 km off road includes 7,000 ft of climbing. One century, rolling hills w/ 4000 ft of climbs; time trials finish at a mountain top.

Sep 10, Sat, AIDS Ride for Life, Southern Tier AIDS Program, 501 S. Meadow St, Ithaca NY 14850, 888 206-2870, www.aidsrideforlife.org, kconrad@stapinc.org. Dist: 42/50/100 mi. Reg: tba. fee + pledges, on line reg; no show ups. Start: 6:30 AM, Ithaca NY. Notes: sag support, celebration & prizes; rte follows Cayuga Lake Scenic Byway, a gorgeous route.

Sep 10-11, Sat-Sun, Century Weekend, Mohawk Hudson Cycling Club, Albany NY 12203, www.webmhcc.org, jim@bikes5.com. Dist: 25/50/62/100 mi + mtb trail rides & more. Reg: tba; on line form; no pledges; show ups are welcome to join us. Start: 8:00 AM, Saratoga Spa St Pk, Saratoga Springs NY. Notes: road & mtb trail rides; a fall tradition!

Sep 14-18, Wed-Sun, AIDS Red Ribbon Ride, AIDS Care Inc, 259 Monroe Ave, Rochester NY 14607, 585 210-4150, www.aidsredribbonride.org, development@acRochester.org, Dist: 20/50/100 mi one day options; 420 mi five day option. Reg: \$150.00 + \$1500.00 in pledges; on line reg form. Start: 7:30 AM, Genesee Valley Park, Rochester NY. Notes: All ability levels welcome from family riders to hard core cyclists; full support w/rte cue sheets, rd marking, sag wagon, bike mechanics, stocked rest stops; continental breakfast, healthy lunch, huge dinner party w/awards ceremony.

Sep 16-18, Fri-Sun, Adirondack 540, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: 136 mi./218 km./544 mi./875 km.; 53 hour time limit for full 544 mi. race. Reg: \$75.-300.00, depending on event; reg online; no pledges; no show ups; lights needed. Start: Wilmington NY. Notes: 4 races in 1 weekend; 136 mi, 272 mi, 408 mi; & 544 mi qualifying race for Race Across America; all events are non drafting; held on a 136 mile loop; very hilly.

Sep 18, Sun, Tour de Habitat, Capital District Habitat for Humanity, & CH Evans Brewing, 19 Quackenbush Sq, Albany NY 12207, 518 462-2993, www.capitaldistricthabitat.org. Dist: 10/25/50/100 mi. Reg: fee, \$100.00 + pledges; on line reg; fee entitles rider to pre & post meals, post ride beers, & t-shirt; \$500.00 in pledges get you a jersey. Start: 100 mi, 7:30, AM; 11:00 AM, 25 & 50 mi; 3:00 PM, 10 mi.

Sep 23, Fri, Ride for Missing Children: Central NY, Natl Ctr for Missing & Exploited Children, 934 York St, Utica NY 13502, 315 732-7233, www.rideformissingchildren.org. Dist: 100 mi. Reg: on line form; \$300.00 min. pledges. Start: tba.

Sep 23, Fri, Ride for Missing Children: Greater Capital District, Natl Ctr for Missing & Exploited Children, PO Box 233, Pattersonville NY 12137, 518 461-5881, <http://www.rideformissingchildrengcd.org/>. Dist: 100 mi. Reg: on line form; \$500.00 min. pledges. Start: TBA.

Sep 23, Fri, Ride for Missing Children: Syracuse, Natl Ctr for Missing & Exploited Children, 275 Lake Ave, Rochester NY 14608, 585 242-0900, www.rideformissingchildren.org, kaspenleiter@ncmec.org. Dist: 100 mi. Reg: on line form; \$300.00 min. pledges. Start: tba.

Sep 24, Sat, Ride4Love, c/o Christ Episcopal Church, 15 W. High St, Ballston Spa NY www.ride4love.com, info@ride4love.com. Dist: 5/10/25/50 mi. Reg: \$25.00+ \$146.00 min fund raising by 8/1/10; on line form. Start: Saratoga St Pk.

Sep 24-26, Sat-Sun, Rohrbach's Ellison Park Cyclocross, Full Moon Vista Productions, 661 South Ave, Rochester NY 14620, 585 546-4030, www.fullmoonvista.com, info@fullmoonvista.com. Dist: cyclocross. Reg: fee, tba. Notes: UCI event; Sat, pro-am; Sun, elite men & women; bounce house for kids; beer & BBQ concessions.

OCTOBER

Oct 2-6, Sun-Wed, Lake Champlain Bikeway Fall Foliage Tour, New England Adventure, Saratoga Springs NY 518 584-3102, www.newenglandadventure.com, tmcbike@aol.com. Dist: 20-40. Reg: \$1150.00, includes lodging & meals. Start: Burlington VT, Notes: sag support, luggage transport; stocked rest stops; cue sheets, maps. Oct 2-6, Sun-Wed, Lake Champlain Bikeway Fall Foliage Tour, New England Adventure, Saratoga Springs NY 518 584-3102, www.newenglandadventure.com, tmcbike@aol.com. Dist: 20-40. Reg: \$1150.00, includes lodging & meals. Start: Burlington VT, Notes: sag support, luggage transport; stocked rest stops; cue sheets, maps.

Oct 29, Sat, Haunted Hundred Overnight Century, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: 100 mi. Reg: \$30.00, reg online; no pledges; limited to 25 riders; show ups, OK. Start: Schuylerville NY. Notes: lights required; rolling figure 8 loop through Saratoga County.

Oct 30, Sun, Park Ave Bike's Halloween Cyclocross Race, Park Ave Bike Shop, 2900 Monroe Ave, Rochester NY 14618, www.parkavebike.com, andy@parkavebike.com. Dist: cyclocross. Reg: tba; cyclocross bikes, mtb allowed with barends removed. Start: tba; free kids, 4-12 yr olds, race. Notes: Fast, Fun, and Challenging. Dirt road, asphalt, open grass fields, and some singletrack. A short hill run-up, off camber turns on grass, and a few barriers. A ghoulish recipe for cyclocross fun!

NOVEMBER & DECEMBER

Nov 5, Sat, Rivers & Lakes Century, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: 100 mi. Reg: \$30.00, reg online; no pledges; show up & ride! Start: Schuylerville NY. Notes: scenic ride through Saratoga County along the Hudson & Mohawk Rivers, Saratoga & Ballston Lakes.

Dec 3, Sat, Last Century, Adirondack Ultra Cycling, 7 Pearl St, Schuylerville NY 12871, 518 583-3708, www.adkultracycling.com, john@adkultracycling.com. Dist: 100 mi. Reg: \$30.00, reg online; no pledges; show up & ride! Start: Schuylerville NY. Notes: last chance for a 2009 century! figure 8 loop returns to the start midway so riders can take a break and warm up. lights required.